

No. 12-6/2026-Gov-1
Government of India
Ministry of Youth Affairs & Sports
Department of Sports

Hall No. 103, Jawaharlal Nehru Stadium,
Lodhi Road, New Delhi.
Dated: 9th March, 2026

To

1. The President,
Indian Olympic Association,
B-29, Qutub Institutional Area,
New Delhi 110016,
2. The President / Secretary General
All recognised National Sports Federations (as per list attached)

Subject: Use of facilities at NFSU and NIPER for testing of nutritional supplements – reg.

Sir / Madam,

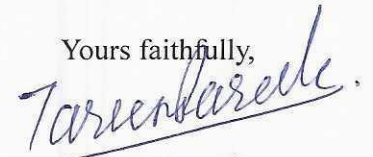
I am directed to refer to this Ministry's letter No. 12-2/2020-SP.III dated 11.04.2022 (copy enclosed), which inter-alia, provides as under:

- The responsibility of procurement of Food Supplements, their custody and distribution shall be that of the NSFs.
 - The requirement of use of Food Supplements by the athletes may be decided by the NSFs, keeping in view the guidance / recommendation of experts / nutritionists.
 - The NSFs may ensure that the Bid Document for the purchase of Food Supplements should include a special condition that the supplier(s) should attach a certificate, along with their bid to the effect that the Food Supplements that would be supplied had been tested (with Batch No.) and those are free from prohibited/banned Substances as per the latest list of WADA.
2. In the above context, in order to mitigate the risk of athletes consuming prohibited substances from contaminated, spiked, or mislabelled nutritional supplements, IOA and all recognized NSFs are advised to:
- (i) Ensure that nutritional / food supplements proposed for use by national campers, elite athletes, and support personnel are tested, wherever feasible, at the facilities available with the National Forensic Sciences University (NFSU) and / or National Institute of Pharmaceutical Education and Research (NIPER), which are included in the list of Food Safety and Standards Authority of India (FSSAI) notified / laboratories.

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- (ii) Encourage procurement of nutritional / food supplements only after due verification and laboratory testing of products / batches.
 - (iii) Maintain proper records of testing reports and batch details for traceability.
 - (iv) Create awareness among athletes, coaches, and support staff regarding the risks associated with unverified supplements.
3. All NSFs are requested to disseminate this advisory to their affiliated member units.

This issues with the approval of the competent authority.

Yours faithfully,

(Tarun Pareek)

Under Secretary to the Government of India

Encl: as above

Copy to:

1. Vice-Chancellor,
National Forensic Sciences University (NFSU),
Sector 9, Gandhinagar, Gujarat
2. Director
National Institute of Pharmaceutical Education and Research, Hyderabad
Balanagar, Hyderabad

Copy also to:

1. Director General, Sports Authority of India
2. Director General, NADA.

Copy for information to: PPS to Secretary (Sports) / PPS to Joint Secretary (Policy) / PPS to Joint Secretary (Sports) / PPS to Joint Secretary (Khelo India) / CEO (TOPS – TAGG - TEAMS), SAI / Director (Gov-1) / Director (Gov-2)

S. No.	National Sports Federations
1	All India Chess Federation
2	All India Football Federation
3	All India Sports Council for Deaf
4	All India Tennis Association
5	Amateur Kabaddi Federation of India
6	Amateur Soft Tennis Federation of India
7	Archery Association of India
8	Athletics Federation of India
9	Atya Patya Federation of India
10	Badminton Association of India
11	Ball Badminton Federation of India
12	Basketball Federation of India
13	Billiards & Snookers Federation of India
14	Boxing Federation of India
15	Bridge Federation of India
16	Cycling Federation of India
17	Fencing Association of India
18	Gymnastic Federation of India
19	Hockey India
20	Indian Golf Union
21	Indian Kayaking & Canoeing Association
22	Indian Pencak Silat Federation
23	Indian Polo Association
24	Indian Rugby Football Union
25	Indian Triathlon Federation
26	Indian Weightlifting Federation
27	Kho-Kho Federation of India
28	KIFI Association
29	Korfball Federation of India
30	National Rifle Association of India

S. No.	National Sports Federations
31	Netball Federation of India
32	Paralympic Committee of India
33	Indian Pickleball Association
34	Roll Ball Federation of India
35	Roller Skating Federation of India
36	Rowing Federation of India
37	School Games Federation of India
38	Sepaktakraw Federation of India
39	Shooting Ball Federation of India
40	Special Olympics Bharat
41	Squash Racket Federation of India
42	Surfing Federation of India
43	Swimming Federation of India
44	Table Tennis Federation of India
45	Tennikoit Federation of India
46	Tennis Ball Cricket Federation of India
47	Tug of War Federation of India
48	Volleyball Federation of India
49	Wako India Kickboxing Federation
50	Wrestling Federation of India
51	Wushu Association of India
52	Yachting Association of India
53	Yogasana Bharat
54	Amateur Baseball Federation of India

No. 12-2/2020-SP.III
Government of India
Ministry of Youth Affairs & Sports
Department of Sports

Shastri Bhawan, New Delhi-110001

Dated the 11 April, 2022

To,

The Director General,
Sports Authority of India,
Jawaharlal Nehru Stadium Complex,
Lodhi Colony, New Delhi-110003.

Subject: Revision of the norms of assistance under the Scheme of Assistance to National Sports Federations – clarification regarding food supplements-regarding

Sir,

I am directed to refer to this Department's circular of even number dated 28.02.2022 regarding the revision of the norms of assistance under the Scheme of Assistance to National Sports Federations (NSFs) and to say that additional diet allowances, mentioned for the item 'Boarding & lodging etc. for camps' at S. No. 5 of the table under para 4 of the above-mentioned circular, will also include allowances for food supplements.

2. I am also directed to clarify further, as follows:

2.1 The responsibility of procurement of Food Supplements, their custody and distribution shall be that of the NSFs.

2.2 The requirement of use of Food Supplements by the athletes may be decided by the NSFs, keeping in view the guidance/recommendation of experts/nutritionists.

2.3 The NSFs may ensure that the Bid Document for the purchase of Food Supplements should include a special condition that the supplier(s) should attach a certificate, along with their bid to the effect that the Food Supplements that would be supplied had been tested (with Batch No.) and those are free from prohibited/banned Substances as per the latest list of WADA.

2.4 The instructions of this Department dated 28.09.2015 with regard to the guidelines for provision, procurement and distribution of Food Supplements to the national campers attending national coaching camps shall stand amended to this extent.

3. It is also hereby reiterated and brought to the attention of all concerned with the training and preparation of athletes should that as per Article 2.1 of the WADA Code, it is the athletes'



personal duty to ensure that no prohibited Substance enters their bodies. It is the athletes who are responsible for any prohibited Substance or its Metabolites or Markers found present in their samples. This important fact may be brought to the notice of athletes, coaches, support personnel etc. in order to ensure compliance of the said provisions.

4. This issues with the approval of the Competent Authority.

Yours faithfully,



(S.P.S Tomar)

Deputy Secretary to the Govt. of India

To,

1. PS to Minister (YA&S)
2. PS to MOS (YA&S)
3. PPS to Secy. Sports
4. All JS/DIR/DS/US in Deptt. Of Sports
5. Director (Finance), MYAS
6. PS to DG, SAI
7. ED (Teams), SAI
8. CEO, TOPS, SAI
9. ED (Finance), SAI
10. President and Secretary General, Indian Olympic Association
11. President and Secretary General all Recognized NSF's (as per list)
12. NIC for uploading on the website of Ministry.



(S.P.S Tomar)

Deputy Secretary to the Govt. of India